

GROUP WELLNESS

AMENITIES & ACTIVITIES



Allow our professionals to deliver a well-being experience
with modern hospitality to your group attendees.
Recover from the stresses of work, life, and busy schedules.

S P A
AT MONTGOMERY



RELAXING CHAIR MASSAGE

\$175 per therapist per hour

Allow us to create a wellness space in any area you decide. Our skilled team will come to you. Using the newest technology in massage and their extensive skill set, our world-class therapists will help your guests get into a refreshed state of mind.

Consider elevating your group check-in experience, meetings, group breakouts, or after your attendees exhausting day of travel.

ORGANIC SCRUB BAR

\$25 per person (groups of 20-200)

Our team will guide each guest through the crafting process using a variety of raw ingredients such as salt, sugars, herbs, essential oils, and fruits that can be used on the body, face, hands and feet.

This is a wonderful event that can be paired with group arrivals, registrations, breakfasts, lunches, or cocktail hours that can be hosted in any environment.

SOUND BATH THERAPY

From **\$150**

Have your guests immersed in the soothing sounds and vibrations of crystal singing bowls to help calm the mind, body, and spirit. This experience offers a unique chance to unwind, reset, and just be. Let the harmonious sounds wash over you and transport you to a deep state of relaxation.

This is a wonderful way to relax your group, whether done as a group breakout or for your attendees to experience after a long and exhausting day of travel.

TOUCHLESS GLOW LOUNGE

From **\$500** (Pricing dependent on duration and group size)

Step into a new level of wellness where relaxation meets innovation. Our Touchless Glow Lounge is a serene private space designed to help you unwind, recharge. Featuring calming ambient lighting, soothing soundscapes, aromatherapy, and advanced light therapy, each session creates a peaceful escape that promotes relaxation, reduces stress, and supports overall well-being. Comfortable zero-gravity seating allows your body to fully relax while immersive wellness technology helps ease tension and encourage mental clarity.

SPA BUYOUT

Prices vary based on group size & duration

Invite your attendees to experience relaxation like never before. Get ready for an experience complete with pampering, tranquility, and rejuvenation. Let go of the day's stresses and enjoy a serene experience using our spa facilities, including a whirlpool, infrared sauna, relaxation lounges, and more.

***Gratuity and service fees will be reviewed in the contract.**

RENAISSANCE MONTGOMERY HOTEL & SPA AT THE CONVENTION CENTER
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